

[Session1. 코로나 판데믹 이후 무엇이 달라졌나?]

# 아토피피부염에 사용하는 새로운 약제들

나정임

서울의대 피부과

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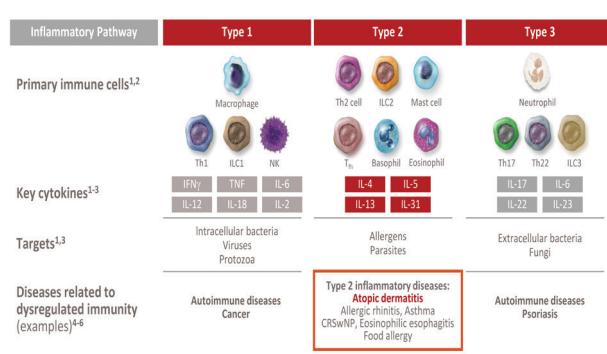
## Newly approved agents for AD

- PDE4 inhibitors
  - Topical crisaborole (PDE4 inhibitor, ≥age 3 months)
  - Topical difamila (PDE4 inhibitor, ≥age 2 years in Japan, ongoing phase 3 for age 3 months ~ 2 years)
- JAK inhibitors
  - Topical ruxolitinib (JAK 1/2 inhibitor, ≥age 12 years, ≤ 20%BSA for 8weeks)
  - Topical delgocitinib (pan-JAK inhibitor, ≥age 2 years in Japan)
  - Oral baricitinib (JAK 1 inhibitor, ≥age 18 years, completed phase 3 for age 2~18 years)
  - Oral upadacitinib (JAK 1 inhibitor, ≥age 12 years, ongoing phase 1 for age 2~12 years)
  - Oral abrocitinib (JAK 1 inhibitor, ≥age 12 years)
- Biologics
  - Dupilumab (anti-IL-4R $\alpha$ , ≥age 6 months)
  - Tralokinumab (anti-IL-13, ≥age 12 years in Europe, ≥age 12 years in FDA)

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## Immunologic profiles of AD



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TABLE 1 Key characteristics of AD: Acute and chronic disease, non-lesional and lesional skin

Characteristic	Acute disease <sup>a</sup>	Chronic disease <sup>b</sup>
Type 2 pathway activation and related cytokines/chemokines	Increased (IL-4, IL-13, IL-31) <sup>[28,44,69,75,110-112]</sup>	Intensified (IL-5, IL-13, IL-31, IL-10, CCL5, CCL13, CCL18); mixed results for IL-4 <sup>[28,33,44,69,75,110-112]</sup>
Type 22 pathway activation and related cytokines	Increased (IL-22) <sup>[28,44]</sup>	Intensified (IL-22, IL-32) <sup>[28,44]</sup>
Type 1 pathway activation and related cytokines/chemokines	Slightly increased (IFN- $\gamma$ , MX1, IL-1 $\beta$ , CXCL9-11), but not in all phenotypes <sup>[92,44,51,113,114]</sup>	Significantly increased <sup>[44]</sup>
Type 17 pathway activation and related cytokines	Slightly increased (IL-17, IL-23p19, IL-23p40) <sup>[44]</sup>	Magnitude of activation is similar to that observed in acute disease <sup>[44]</sup>
Immune cell infiltration	Increased (T cells, ILC2s, DCs [mature and IDECs] and other myeloid cells) <sup>[44,115,116]</sup>	Intensified <sup>[44]</sup>
Epidermal changes	Increased hyperplasia, thickness and proliferation markers (Ki67, K16) as well as the IL-22-regulated S100A7 <sup>+</sup> and S100A12 <sup>+</sup> that mark epidermal hyperplasia <sup>[44]</sup> ; reduced epidermal barrier proteins (involucrin, loricrin, filaggrin) <sup>[44]</sup>	Intensified <sup>[44]</sup>
Reduced expression of terminal differentiation proteins and lipids	Reduced expression of FLG, LOR, PPL and other differentiation proteins and significant lipid aberrations <sup>[44,61-63]</sup>	Intensified <sup>[44]</sup>

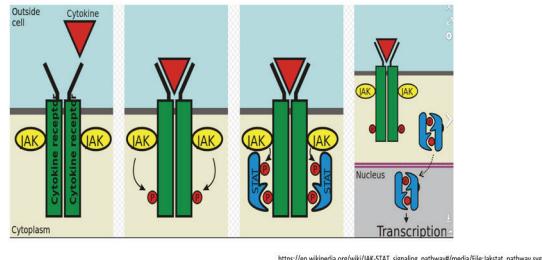
<sup>a</sup> Exp Dermatol 2019;28:756

## Biologics vs Small molecule drugs

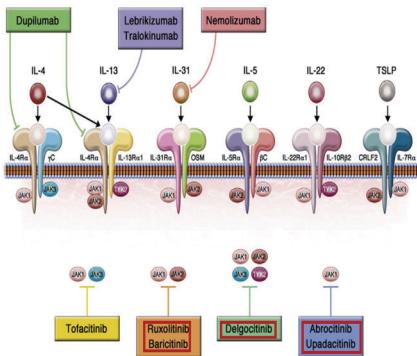
Characteristics	Biologics	Small molecule drugs
Production	Produced in cell culture	Chemically synthesized
Size	> 900 daltons	< 900 daltons
Structure	Complex tertiary structure	Simple and well-defined
Stability	Unstable, sensitive to external conditions	Stable
Administration	Infusion or subcutaneous injection	Oral, topical
Half life	Long	Short

## JAK-STAT Pathway

- Janus kinase
  - JAK1, JAK2, JAK3, TYK2
- STAT (signal transducer and activator of transcription proteins)
  - STAT1, STAT2, STAT3, STAT4, STAT5A, STAT5B and STAT6

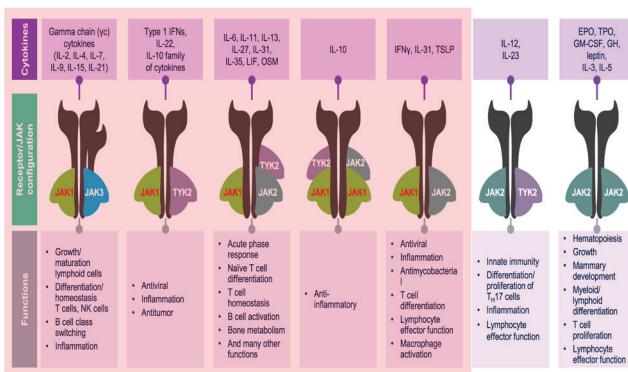


## JAK inhibitors



J Allergy Clin Immunol 2021;148:927-40.

## JAK proteins and associated cytokines



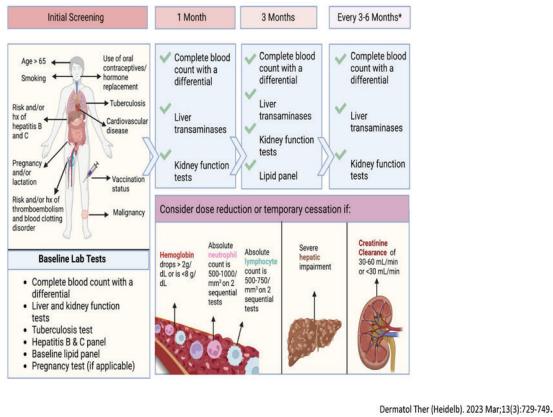
Simplified schematic signifying different JAK-mediated signaling pathways

Abbreviations in side notes  
1. Clark JD, et al. J Med Chem 2014;57:5023-38. 2. Schwartz DM, et al. Nat Rev Drug Disc 2017;16:843-52

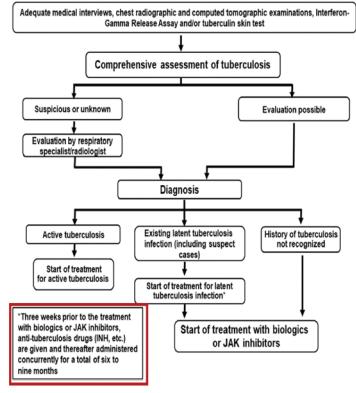
## JAK 억제제 국내 적응증 및 금기

	Baricitinib (바리키틴)	Upadacitinib (업다키틴)	Abrocitinib (아브로키틴)
적응증	전신 요법 대상 성인 환자에서의 중등증 내지 중증 아토피 피부염의 치료	전신 요법 대상 성인 및 만 12세 이상 청소년의 중등증에서 중증 아토피 피부염의 치료	전신 요법 대상인 성인 및 만 12세 이상 청소년의 중등증에서 중증 아토피 피부염의 치료
용법 용량	4mg/d (75세 이상과, 만성 혹은 재발성 강염 환자는 2mg/d)	15mg/d, 필요시 30mg/d (65세 이상은 15mg/d 투여, 청소년은 체중 40kg 이상은 15mg/d, 40kg 미만은 연구가 되어 있지 않음.)	200mg/d, 증상에 따라 감량 가능 (65세 이상과 청소년은 100mg/d, 신장에 시 50mg/d)
주요 부작용	Headache, herpes simplex, nasopharyngitis, CPK상승	Acne (8~15%), URI, CPK상승, neutropenia, lymphopenia, herpes simplex, herpes zoster	Nausea (8.3~17.1%), folliculitis, thrombocytopenia, nasopharyngitis, herpes simplex, herpes zoster
금기	ANC < 1000/mm <sup>3</sup> ALC < 500/mm <sup>3</sup> , Hb < 8 g/dL는 투약 금기 (Abrocitinib은 PLT < 150K/mm <sup>3</sup> 투약 금기), 활동성 결핵, 중대한 감염, 임신 수유		
F/U Lab	3개월 간격으로 CBC, LFT, Cholesterol, CPK 확인		

## Screening and laboratory monitoring for patients on JAK inhibitors



## Prevention of tuberculosis under treatment with JAK inhibitors



Starting biological drugs in patients with LTBI. All guidelines recommend starting treatment with biologics 1–2 months after beginning LTBI prophylaxis (level of evidence II; strength of recommendation B). This evidence comes from the observation that initiation of anti-TNF- $\alpha$  therapy after 1 month of TB prophylaxis in patients with RA found positive for LTBI significantly reduced the risk of TB reactivation (level of evidence III)<sup>7,12</sup>. Nevertheless, if the activity of underlying disease and the global status of the patient allow, waiting 1 additional month is preferable because the side effects of the therapy with isoniazid occur mainly within the first 2 months<sup>12</sup>.

J Dermatol. 2023 Jan;50(1):e1-e19

## Pharmacokinetic profiles of JAK inhibitors

- Different PK profiles lead to different dosing requirements
  - Extent of drug metabolism and distinct metabolic or biotransformative processes vary between JAK inhibitors

RS	Bioavailability	T <sub>max</sub>	T <sub>1/2</sub>	Elimination profile	Metabolic enzymes	Active metabolites
Upadacitinib <sup>1</sup>	79%	2–4 hours	9–14 hours		CYP3A4 (main) CYP2D6 (potential minor contribution)	No
Baricitinib <sup>2</sup>	79%	0.5–3 hours	~13 hours		CYP3A4	<10% metabolized 4 minor metabolites
Abrocitinib <sup>3</sup>	~60%	<1 hour	~5 hours	Primarily cleared via metabolism ~1% cleared via renal excretion	CYP2C19 (~53%) CYP2C9 (~30%) CYP3A4 (~11%) CYP2B6 (~6%)	2 active metabolites

- CYP, cytochrome P450;  
JAK, Janus kinase; PK, pharmacokinetic;  
 $T_{max}$ , time to maximum

- 1. RINVOQ EU Summary of Product Characteristics. Available at: [https://www.ema.europa.eu/en/documents/product-information/rinvoq-epa-product-information\\_en.pdf](https://www.ema.europa.eu/en/documents/product-information/rinvoq-epa-product-information_en.pdf) (last accessed April 2022);
- 2. Olumiant EU Summary of Product Characteristics. Available at: [https://www.ema.europa.eu/en/documents/product-information/olumiant-epa-product-information\\_en.pdf](https://www.ema.europa.eu/en/documents/product-information/olumiant-epa-product-information_en.pdf) (last accessed April 2022);

2. Olumant EU Summary of Product Characteristics. Available at: [https://www.ema.europa.eu/en/documents/product-information/olumant-esa-product-information\\_en.pdf](https://www.ema.europa.eu/en/documents/product-information/olumant-esa-product-information_en.pdf) [last accessed April 2022];  
3. Obinzo EU Summary of Product Characteristics. Available at: [https://www.ema.europa.eu/en/documents/product-information/obinzo-easr-product-information\\_en.pdf](https://www.ema.europa.eu/en/documents/product-information/obinzo-easr-product-information_en.pdf) [last accessed April 2022]

## JAK inhibitor dose adjustment requirements in patients with hepatic or renal impairment

		Upadacitinib 15 mg or 30 mg QD <sup>1</sup>	Baricitinib 2 mg or 4 mg QD <sup>2</sup>	Abrocitinib 50 mg, 100 mg or 200 mg QD <sup>3</sup>
		None	None	None
Hepatic impairment	MILD	None	None	None
	MODERATE	None	None	None
	SEVERE	Contraindicated	Not recommended for use	Contraindicated
Renal impairment	MILD	None	None	No dose adjustment in patients with eGFR 60 to >90 mL/min
	MODERATE	None	2 mg QD in patients with CrCl 30–60 mL/min	Reduce dose by 50% in patients with eGFR 30 to <60 mL/min
	SEVERE	15 mg QD should be used with caution	30 mg QD not recommended	Recommended starting dose 50 mg QD in patients with eGFR <30 mL/min; max. daily dose 100 mg

Individual JAK inhibitors have different elimination profiles that have implications for dosing requirements in special populations

- \*Recommendations according to EU SmPCs. For relevant recommendations in specific regions, please refer to local labels.

CrCl, creatinine clearance; eGFR, estimated glomerular filtration rate; JAK, Janus kinase; QD, once daily; SmPC, Summary of Product Characteristics.

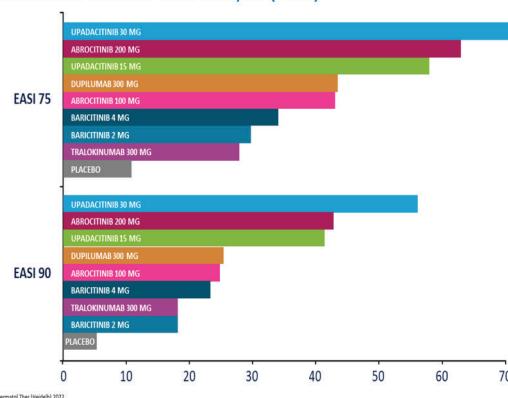
1. RINVOQ EU Summary of Product Characteristics. Available at: [https://www.ema.europa.eu/en/documents/product-information/rinvoq-eua-product-information\\_en.pdf](https://www.ema.europa.eu/en/documents/product-information/rinvoq-eua-product-information_en.pdf) (last accessed April 2022); 2. Olumiant EU Summary of Product Characteristics. Available at: [https://www.ema.europa.eu/en/documents/product-information/olumiant-eu-sum-product-information\\_en.pdf](https://www.ema.europa.eu/en/documents/product-information/olumiant-eu-sum-product-information_en.pdf) (last accessed April 2022); 3. Cibago EU Summary of Product Characteristics. Available at: [https://www.ema.europa.eu/en/documents/product-information/cibago-eua-product-information\\_en.pdf](https://www.ema.europa.eu/en/documents/product-information/cibago-eua-product-information_en.pdf) (last accessed April 2022).

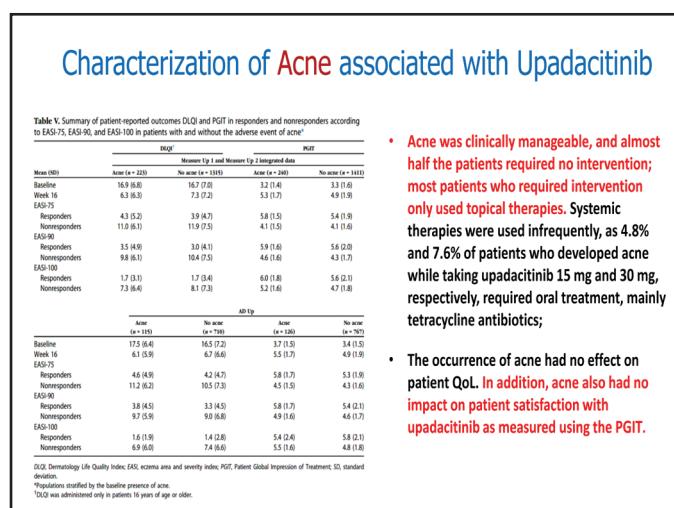
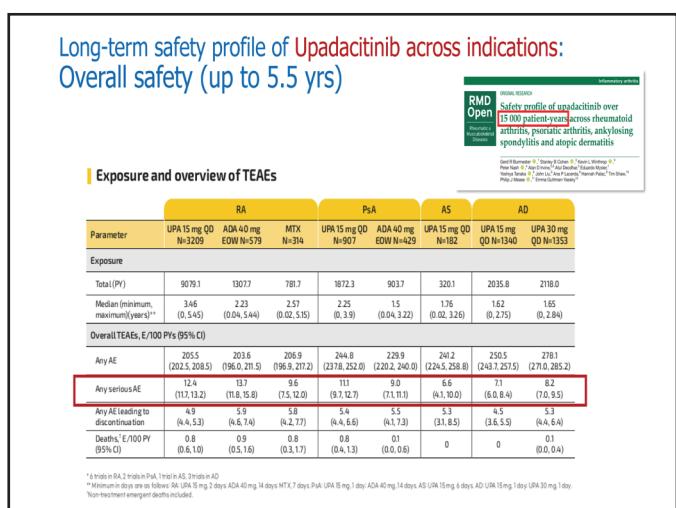
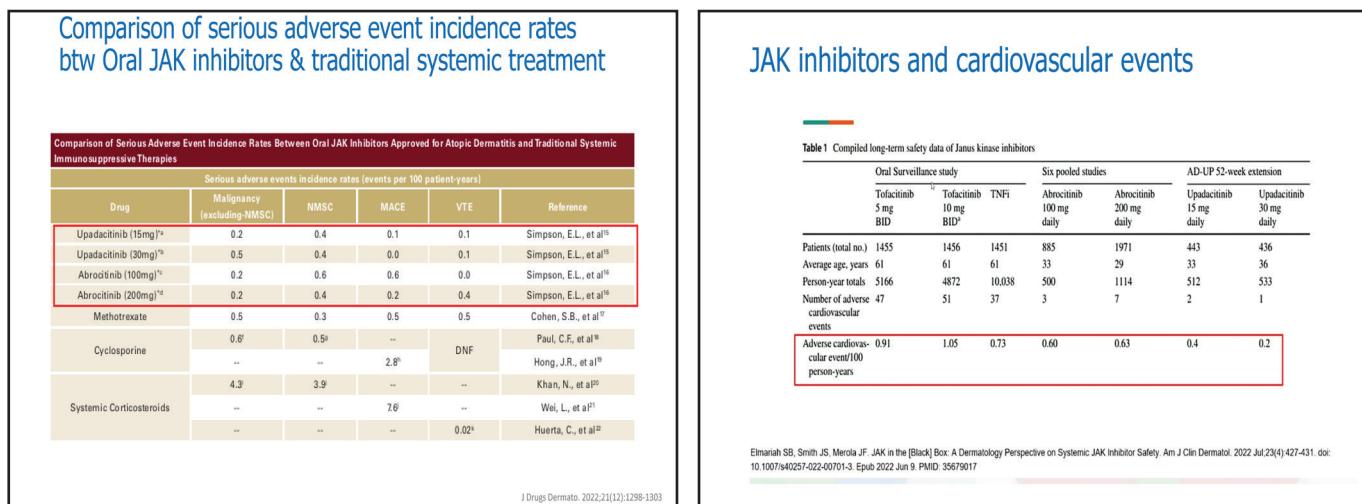
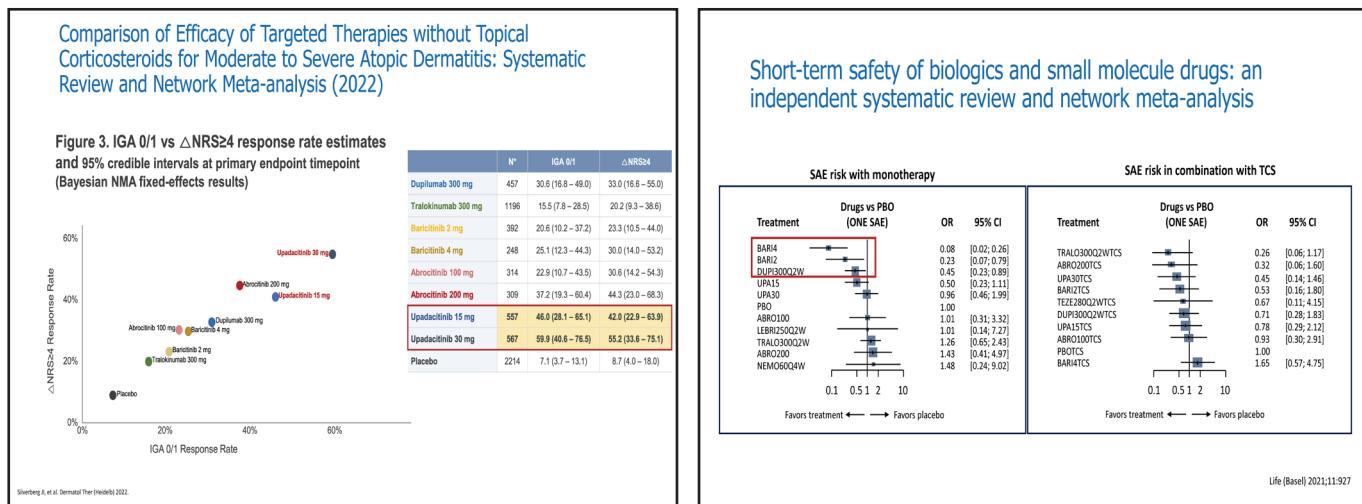
## Potential drug-drug interactions of clinical relevance

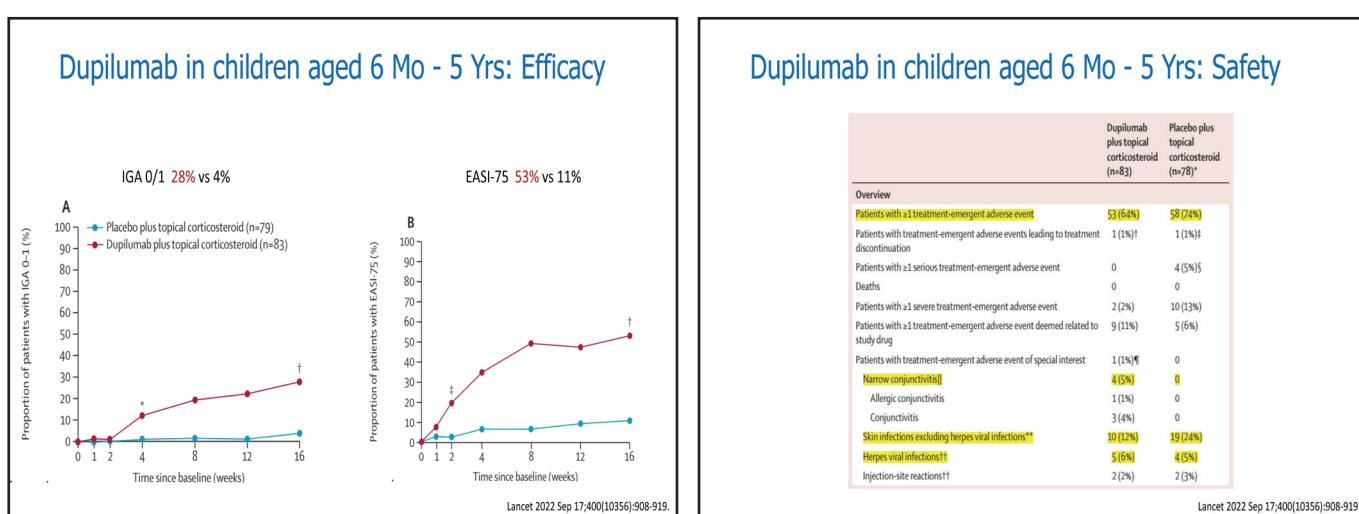
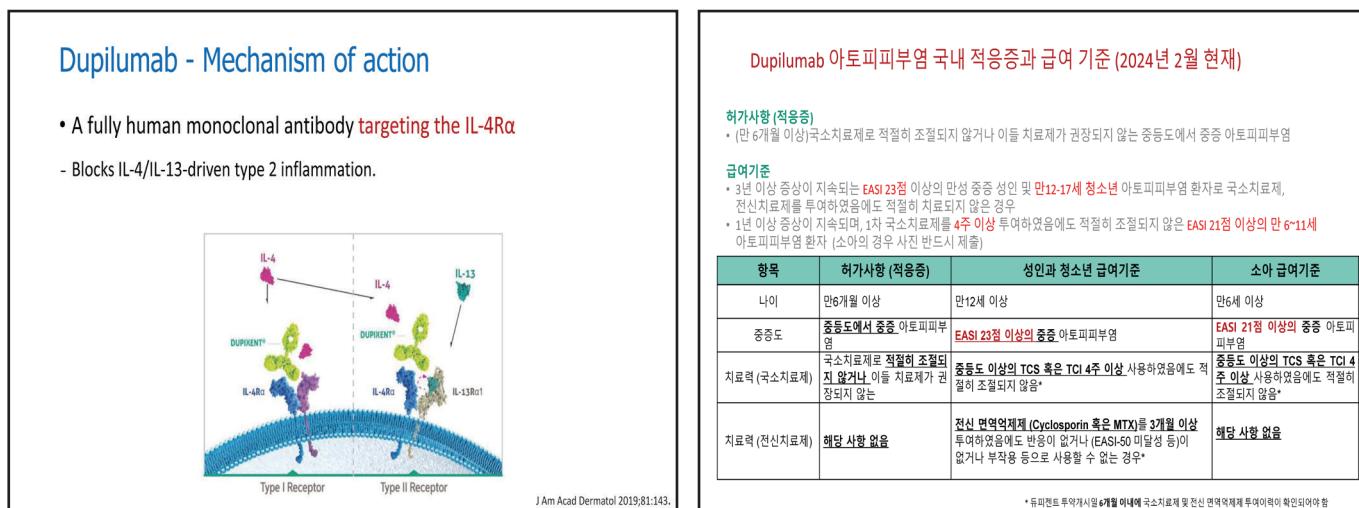
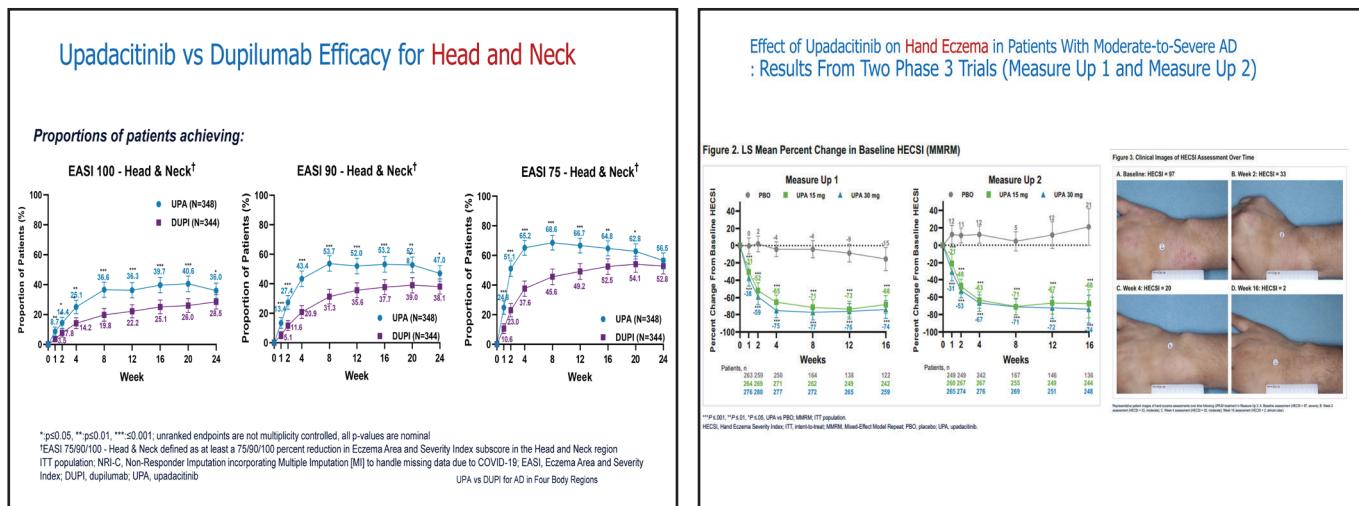
Upadacitinib <sup>1</sup>	Baricitinib <sup>1</sup>	Abrocitinib <sup>1</sup>
<b>CYP3A4 inhibitors</b> (eg, ketoconazole, clarithromycin, ritonavir)	Use 15-mg QD dose with co-administration of strong CYP3A4 inhibitor with strong CYP3A4 inhibitors	30-mg QD dose not recommended for patients requiring strong co-treatment with strong CYP3A4 inhibitors
<b>CYP3A4 inducers</b> (eg, rifampicin, phenytoin)	Co-administration with strong CYP3A4 inducers (FDA) <sup>4</sup>	Monitor disease activity changes. If co-administration with strong CYP3A4 inducers (EMA)
<b>CYP2C19/CYP2C9 inhibitors</b> (eg, fluconazole)		↓ Dose by half (EMA)
<b>CYP2C19 inhibitors</b> (eg, fluconazole, fluoxetine, ticlopidine)		↓ Dose by half (EMA)
<b>CYP2C19/CYP2C9 inducers</b> (eg, rifampicin, apalutamide, efavirenz, ensulazamide, phenytoin)		Use 15-mg QD (100 mg QD for patients not responding to 30-mg QD dose) in patients co-administered with strong CYP2C19 inhibitors (FDA) <sup>4</sup>
<b>QAT3 inhibitors</b> (eg, fluconazole, fluoxetine, ticlopidine)	↓ Dose to 1 mg QD, if taking strong QAT3 inhibitors (FDA) <sup>4</sup>	Co-administration with moderate strong CYP2C19/CYP2C9 inducers
<b>Transporters</b> Net-1, Bcrp, Mdr1, Mdr3, Mdr4, Oat1, Oat2, Oat3, Latr1, MATE1, MATE2	Does not inhibit at clinically relevant concentrations <sup>4</sup>	Concomitant use with abrocitinib is contraindicated with a narrow therapeutic index, eg, digoxin (EMA)
		Monitor or titrate dosage of abrocitinib. Perform QD plasma drug level at baseline and after 2 weeks. If plasma drug level is low or therapeutic range is not achieved, increase dose (EMA)

MATE, multidrug and P-gp, P-glycoprotein; PK, pharmacokinetic

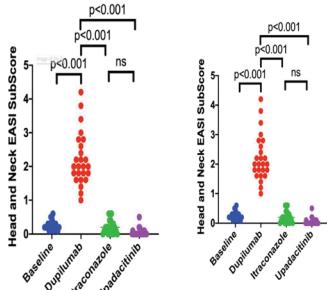
## Comparison of Efficacy of Targeted Therapies without Topical Corticosteroids for Moderate to Severe Atopic Dermatitis: Systematic Review and Network Meta-analysis (2022)







Dupilumab-associated head and neck dermatitis resolves temporarily with itraconazole therapy and rapidly with transition to upadacitinib, with *Malassezia*-specific immunoglobulin E levels mirroring clinical response



J Am Acad Dermatol. 2023 Jan;88(1):255-257.

## Dupilumab and conjunctivitis risk factors

- Older AD patients with more advance disease
- Longer period of AD
- Have other atopic comorbidities
- Prior history of allergic conjunctivitis

## Dupilumab and conjunctivitis

- Dupilumab 투여 중 발생한 Ocular Surface Disease in Adults (캐나다 연구)
  - 210명의 dupilumab 투여 환자 중 37% (n=78)에서 Dupilumab-induced ocular surface disease (DIOSD) 발생
    - Corneal scarring and cicatricial ectropion 1% (n=3)
    - Blepharoconjunctivitis 68%
    - Burning/stinging/dryness 14%
    - Epiphora 13%
    - Pruritus 13%
    - Blurred vision 3%
    - Photophobia 1%

Cornea 2022;41 (10): 1242-1247.

## Dupilumab and cicatricial ectropion



Fig. 1. External photos showing bilateral conjunctival hyperemia, upper eyelid edema, and cicatricial ectropion (left greater than right). Additionally, there is left-sided blepharoptosis.



Fig. 2. External photos showing bilateral resolution of conjunctivitis, eczematous reaction of lower eyelids and cheeks, and persistent cicatricial ectropion (left greater than right) following discontinuation of dupilumab and prednisone taper.

Am J Ophthalmol Case Rep. 2017 Jun 22;7:120-122

## Dupilumab 그 밖의 적응증

- 만 18세 이상 성인에서 국소치료제로 적절히 조절되지 않거나 이들 치료제가 권장되지 않는 중등도에서 중증 결절성 양진 (2023년 12월)
  - 1세 이상 호산구성 식도염 (FDA 2024년 1월)
  - 6세 이상 기준 치료로 호전되지 않는 중등도에서 중증 천식
  - 18세 이상 비용증을 동반한 중증 만성비부비동염

## Dupilumab, 결절성 양진 3상 임상시험 결과

### nature medicine

#### Dupilumab in patients with prurigo nodularis: two randomized, double-blind, placebo-controlled phase 3 trials

Purigo nodularis (PN) is a chronic inflammatory skin disease with intensely pruritic nodules. The LIBERTY-PN PRIME and PRIME2 phase 3 trials enrolled adults with PN with  $\geq 20$  nodules and severe itch uncontrolled with topical therapies. Dupilumab, a fully human monoclonal antibody, blocks the shared receptor component for interleukin (IL)-4 and IL-13. Patients were randomized to 110 to 300 mg dupilumab or placebo subcutaneously every 2 weeks for 24 weeks. The primary endpoint was pruritus improvement, measured by proportion of patients with a  $\geq 4$ -point reduction in Worst Itch Numeric Rating Scale (WI-NRS) from baseline at week 24 (PRIME) or week 12 (PRIME2). Key secondary endpoints included nodule number reduction to  $\leq 5$  at week 24. PRIME and PRIME2 enrolled 151 and 160 patients, respectively. Both trials met all the pre-specified primary and key secondary endpoints. A  $\geq 4$ -point WI-NRS reduction at week 24 in the dupilumab and placebo arms was achieved by 60.0% and 18.4% of patients, respectively, in PRIME (95% confidence interval (CI), 27.8–57.7 for the difference,  $P < 0.001$ ) and at week 12 by 37.2% and 22.0% of patients, respectively, in PRIME2 (95% CI, 2.3–31.2;  $P = 0.022$ ). Dupilumab demonstrated clinically meaningful and statistically significant improvements in itch and skin lesion versus placebo in PN. Safety was consistent with the known dupilumab safety profile.

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## Dupilumab, 결절성 양진 3상 임상시험 결과

Table 2 | Efficacy outcomes

Efficacy endpoints	PRIME				PRIME2			
	Placebo n=76	Dupilumab 300mg every 2 weeks n=75	Difference versus placebo, % (95% CI)	P value versus placebo (place in the testing hierarchy)	Placebo n=82	Dupilumab 300 mg every 2 weeks n=78	Difference versus placebo, % (95% CI)	P value versus placebo (place in the testing hierarchy)
Primary and key secondary outcomes								
W-NRS improvement (reduction) by ≥4 from baseline to week 24 <sup>a</sup> , n (%)	14 (18.4)	<b>45 (60.0)</b>	42.7 (27.8 to 57.7)	<0.001 (1)	16 (19.5)	<b>45 (57.7)</b>	42.6 (29.1 to 56.1)	<0.001 (2)
W-NRS improvement (reduction) by ≥4 from baseline to week 12 <sup>a</sup> , n (%)								
W-NRS improvement (reduction) by ≥4 from baseline to week 24 <sup>a</sup> , n (%)	12 (15.8)	<b>33 (44.0)</b>	29.2 (14.5 to 43.8)	<0.001 (net multiplicity- controlled)	18 (22.0)	<b>29 (37.2)</b>	16.8 (2.3 to 31.2)	0.022 (1)
IGA-PN-S score of 0 or 1 (‘clear’ or ‘almost clear’) at week 24 <sup>a</sup> , n (%)	14 (18.4)	<b>36 (48.0)</b>	28.3 (13.4 to 43.2)	<0.001 (2)	13 (15.9)	<b>35 (44.9)</b>	30.8 (16.4 to 45.2)	<0.001 (3)
Concomitant W-NRS improvement (reduction) by ≥4 points from baseline and IGA-PN-S score of 0 or 1 at week 24 <sup>a</sup> , n (%)	7 (9.2)	<b>29 (38.7)</b>	29.6 (16.4 to 42.8)	<0.001 (3)	7 (8.5)	<b>25 (32.1)</b>	25.5 (13.1 to 37.9)	<0.001 (4)

Nature Medicine | Volume 29 | May 2023 | 180–190