

[Session1. 코로나 팬데믹 이후 무엇이 달라졌나?]

아토피피부염에 사용하는 새로운 약제들

나정임
서울의대 피부과

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2024년 3월 17일 제63차 대한천식알레르기 교육강좌

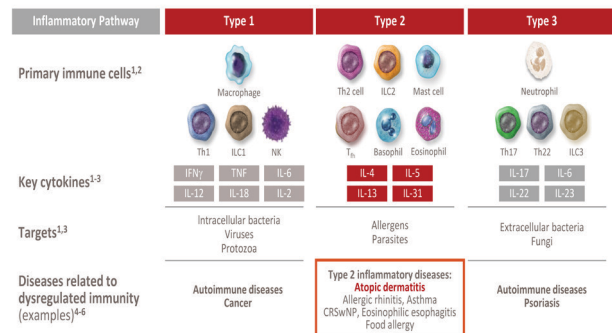
Newly approved agents for AD

- PDE4 inhibitors
 - Topical crisaborole (PDE4 inhibitor, ≥age 3 months)
 - Topical difamilast (PDE4 inhibitor, ≥age 2 years in Japan, ongoing phase 3 for age 3 months ~ 2 years)
- JAK inhibitors
 - Topical ruxolitinib (JAK 1/2 inhibitor, ≥age 12 years, ≤ 20%BSA for 8weeks)
 - Topical delgocitinib (pan-JAK inhibitor, ≥age 2 years in Japan)
 - Oral baricitinib (JAK 1 inhibitor, ≥age 18 years, completed phase 3 for age 2~18 years)
 - Oral upadacitinib (JAK 1 inhibitor, ≥age 12 years, ongoing phase 1 for age 2~12 years)
 - Oral abrocitinib (JAK 1 inhibitor, ≥age 12 years)
- Biologics
 - Dupilumab (anti-IL-4Rα, ≥age 6 months)
 - Tralokinumab (anti-IL-13, ≥age 12 years in Europe, ≥age 12 years in FDA)

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Immunologic profiles of AD



AD, atopic dermatitis; IFNγ, interferon gamma; IL, interleukin; ILC, innate lymphoid cell; NK, natural killer; Th, follicular helper; Th1, Th2 helper.

1. Kalka GE, et al. Immunology. 2008;123:326-338. 2. Eyerich K, Eyerich S. J Eur Acad Dermatol Venereol. 2018;32:692-703. 3. Raphael I, et al. Cytokine. 2015;74:5-17.

4. Nakajima T, et al. Annu Rev Immunol. 2017;35:53-84. 5. Coates LC, et al. Semin Arthritis Rheum. 2016;46:291-304. 6. Gandhi NK, et al. Expert Rev Clin Immunol. 2017;13(5):425-437.

Immunologic profiles of AD

TABLE 1 Key characteristics of AD: Acute and chronic disease, non-lesional and lesional skin

| Characteristic | Acute disease ^a | Chronic disease ^b |
|--|---|---|
| Type 2 pathway activation and related cytokines/chemokines | Increased (IL-4, IL-13, IL-31) ^[28,44,69,75,110-112] | Intensified (IL-5, IL-13, IL-31, IL-10, CCL13, CCL18); mixed results for IL-4 ^[28,33,44,69,75,110-112] |
| Type 22 pathway activation and related cytokines | Increased (IL-22) ^[28,44] | Intensified (IL-22, IL-32) ^[28,44] |
| Type 1 pathway activation and related cytokines/chemokines | Slightly increased (IFN- γ , MX1, IL-1 β , CXCL9-11), but not in all phenotypes ^[32,44,51,113,114] | Significantly increased ^[44] |
| Type 17 pathway activation and related cytokines | Slightly increased (IL-17, IL-23p19, IL-23p40) ^[44] | Magnitude of activation is similar to that observed in acute disease ^[44] |
| Immune cell infiltration | Increased (T cells, ILC2s, DCs (mature and IDECs) and other myeloid cells) ^[44,115,116] | Intensified ^[44] |
| Epidermal changes | Increased hyperplasia, thickness and proliferation markers (Ki67, K16) as well as the IL-22-regulated S100A7-9 and S100A12 that mark epidermal hyperplasia ^[44] reduced epidermal barrier proteins (involucrin, loricrin, filaggrin) ^[44] | Intensified ^[44] |
| Reduced expression of terminal differentiation proteins and lipids | Reduced expression of FLG, LOR, PPI and other differentiation proteins and significant lipid aberrations ^[44,61-63] | Intensified ^[44] |

^a Exp Dermatol 2019;28:756

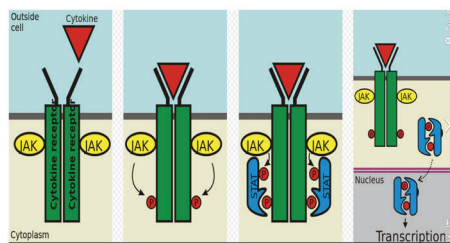
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Biologics vs Small molecule drugs

| Characteristics | Biologics | Small molecule drugs |
|-----------------|--|-------------------------|
| Production | Produced in cell culture | Chemically synthesized |
| Size | > 900 daltons | <900 daltons |
| Structure | Complex tertiary structure | Simple and well-defined |
| Stability | Unstable, sensitive to external conditions | Stable |
| Administration | Infusion or subcutaneous injection | Oral, topical |
| Half life | Long | Short |

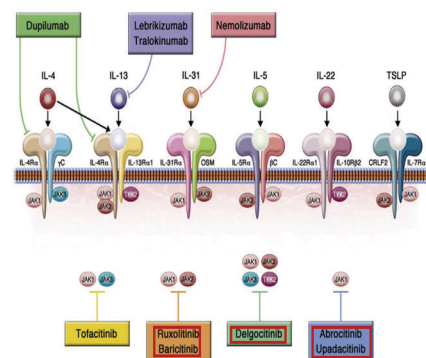
JAK-STAT Pathway

- Janus kinase
 - JAK1, JAK2, JAK3, TYK2
- STAT (signal transducer and activator of transcription proteins)
 - STAT1, STAT2, STAT3, STAT4, STAT5A, STAT5B and STAT6



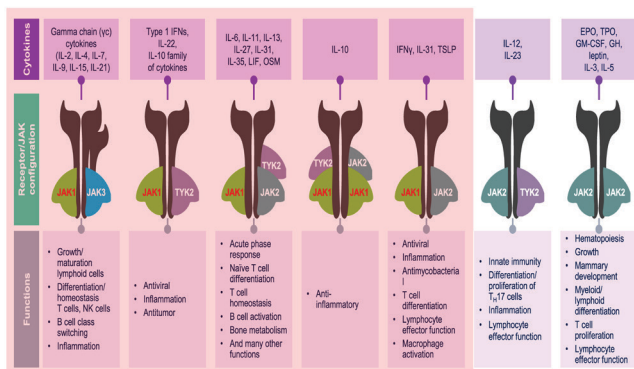
https://en.wikipedia.org/wiki/JAK-STAT_signaling_pathway#/media/File/Jakstat_pathway.png

JAK inhibitors

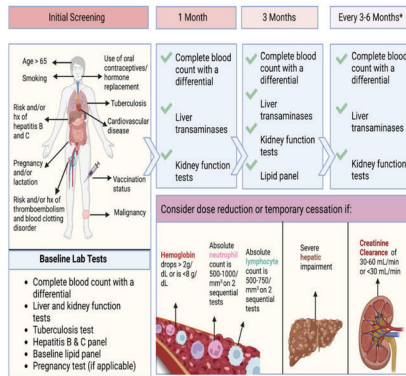


J Allergy Clin Immunol 2021;148:927-40.

JAK proteins and associated cytokines

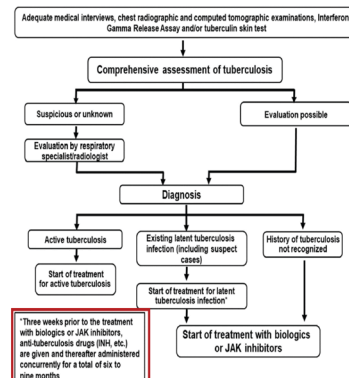


Screening and laboratory monitoring for patients on JAK inhibitors



Dermatol Ther (Heidelb). 2023 Mar;13(3):729-749.

Prevention of tuberculosis under treatment with JAK inhibitors



Starting biologic drugs in patients with LTBI: All guidelines recommend starting treatment with biologics 1-2 months after beginning LTBI prophylaxis (level of evidence II; strength of recommendation B). This evidence comes from the observation that initiation of anti-TNF-α therapy after 1 month of TB prophylaxis in patients with RA found positive for LTBI significantly reduced the risk of TB reactivation (level of evidence III)^{1,2}. Nevertheless, if the activity of underlying disease and the global status of the patient allow, waiting 1 additional month is preferable because the side effects of the therapy with isoniazid occur mainly within the first 2 months^{1,2}.

J Dermatol. 2023 Jan;50(1):e1-e19

Pharmacokinetic profiles of JAK inhibitors

| | Bioavailability | T _{max} | T _{1/2} | Elimination profile | Metabolic enzymes | Active metabolites? |
|---------------------------------|-----------------|------------------|------------------|---|--|---|
| Upadacitinib¹ | 79% | 2-4 hours | 9-14 hours | Predominantly cleared via hepatic excretion | CYP3A4 (main) CYP2D6 (potential minor contribution) | No |
| Baricitinib² | 79% | 0.5-3 hours | ~13 hours | Primarily cleared via renal excretion | CYP3A4 | <10% metabolized 4 minor metabolites |
| Abrocitinib³ | ~60% | <1 hour | ~5 hours | Primarily cleared via metabolism <1% cleared via renal excretion | CYP2C19 (~53%) CYP2C2 (~30%) CYP3A4 (~11%) CYP2B6 (~6%) | 2 active metabolites |

■ Metabolism ■ Hepatic ■ Renal

* 1. RINVOO (Upadacitinib) Summary of Product Characteristics. Available at: https://www.ema.europa.eu/en/documents/summary-product-information/rinvoe-epar-product-information_en.pdf (last accessed April 2022).
2. Orinveo (Baricitinib) Summary of Product Characteristics. Available at: https://www.ema.europa.eu/en/documents/summary-product-information/orinveo-epar-product-information_en.pdf (last accessed April 2022).
3. Cibinqo (Abrocitinib) Summary of Product Characteristics. Available at: https://www.ema.europa.eu/en/documents/summary-product-information/cibinqo-epar-product-information_en.pdf (last accessed April 2022).

JAK inhibitor dose adjustment requirements in patients with hepatic or renal impairment

| | | Upadacitinib 15 mg or 30 mg QD ¹ | Baricitinib 2 mg or 4 mg QD ² | Abrocitinib 50 mg, 100 mg or 200 mg QD ³ |
|---------------------------|----------|--|--|---|
| Hepatic impairment | MILD | None | None | None |
| | MODERATE | None | None | None |
| | SEVERE | Contraindicated | Not recommended for use | Contraindicated |
| Renal impairment | MILD | None | None | No dose adjustment in patients with eGFR 60 to <90 mL/min |
| | MODERATE | None | 2 mg QD in patients with CrCl 30-60 mL/min | Reduce dose by 50% in patients with eGFR 30 to <60 mL/min |
| | SEVERE | 15 mg QD should be used with caution 30 mg QD not recommended | Not recommended in patients with CrCl <30 mL/min | Recommended starting dose 50 mg QD in patients with eGFR <30 mL/min; max. daily dose 100 mg |

Individual JAK inhibitors have different elimination profiles that have implications for dosing requirements in special populations

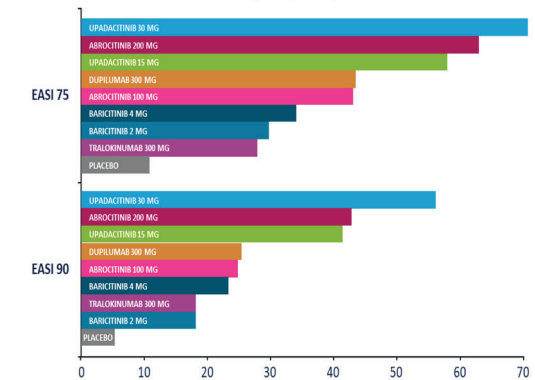
* 1. RINVOO (Upadacitinib) Summary of Product Characteristics. Available at: https://www.ema.europa.eu/en/documents/summary-product-information/rinvoe-epar-product-information_en.pdf (last accessed April 2022).
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3. Cibinqo (Abrocitinib) Summary of Product Characteristics. Available at: https://www.ema.europa.eu/en/documents/summary-product-information/cibinqo-epar-product-information_en.pdf (last accessed April 2022).

Potential drug-drug interactions of clinical relevance

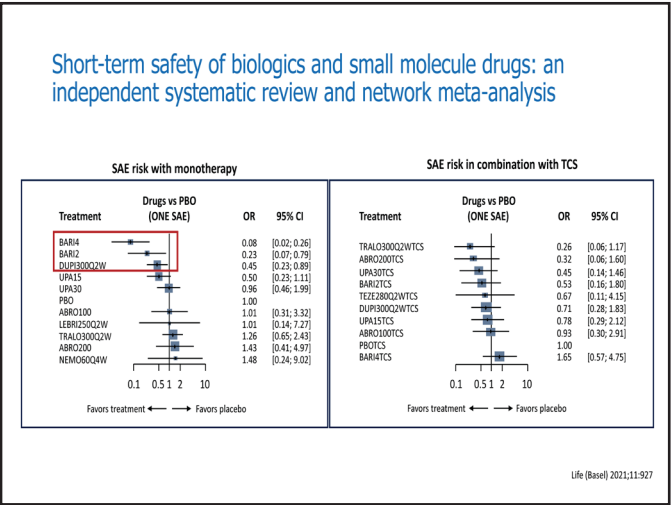
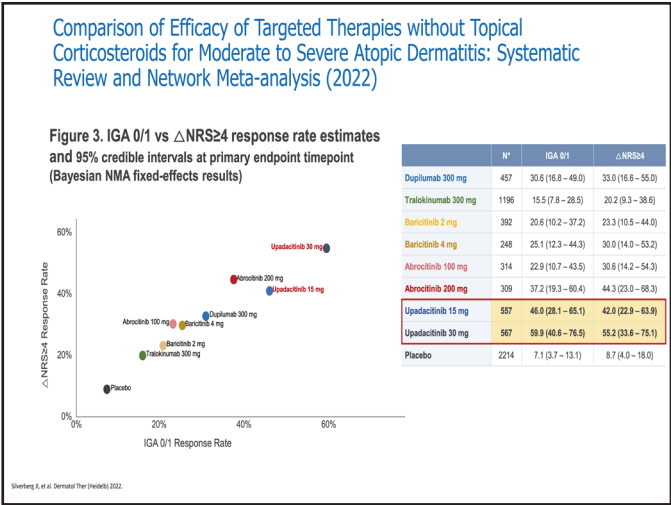
| | Upadacitinib ¹ | Baricitinib ² | Abrocitinib ³ |
|--|--|---|--|
| CYP3A4 inhibitors (eg, ketoconazole, clarithromycin, rifabutin) | Use 15 mg QD dose with caution in patients receiving chronic treatment with strong CYP3A4 inhibitors | 30 mg QD dose not recommended in patients receiving chronic treatment with strong CYP3A4 inhibitors | |
| CYP3A4 inducers (eg, rifampicin, phenytoin) | Co-administration with strong CYP3A4 inducers (PDR) ⁴ | Monitor disease activity; change if administered with strong CYP3A4 inducers (EMA) | |
| CYP2C19/CYP2C9 inhibitors (eg, fluvoxamine) | | ↓ Dose by half (EMA) | Co-administration with moderate/strong CYP2C19/CYP2C9 inhibitor (PDR) ⁴ |
| CYP2C19 inhibitors (eg, fluvoxamine, fluoxetine, ticagrelor) | | ↓ Dose by half (EMA) | Use 10 mg QD (100 mg QD for patients not responding to 10 mg QD dose) in patients co-administered strong CYP2C19 inhibitors (PDR) ⁴ |
| CYP2C19/CYP2C9 inducers (eg, rifampicin, apalutamide, efavirenz, entecavir, phenytoin) | | | Co-administration with moderate/strong CYP2C19/CYP2C9 inducer |
| OAT3 inhibitors (eg, fluvoxamine, fluoxetine, ticagrelor) | | ↓ Dose to 1 mg QD if taking strong OAT3 inhibitors (PDR) ⁴ | ↓ Dose to 2 mg QD if taking strong OAT3 inhibitors (EMA) |
| Transporters (eg, P-gp, MDR1, OATP1B1, OCT1, OCT2, OAT3, OAT4, MATE1, MATE2C) | Does not inhibit at clinically relevant concentrations ⁴ | Concomitant use of lufenuron or terfenadine (EMA) | Concomitant use with digoxin: P-gp substrates with a narrow therapeutic index, eg, digoxin (EMA) Monitor or titrate dosage of P-gp substrate where small changes may lead to clinical or life-threatening toxicity (PDR) ⁴ |

* 1. RINVOO (Upadacitinib) Summary of Product Characteristics. Available at: https://www.ema.europa.eu/en/documents/summary-product-information/rinvoe-epar-product-information_en.pdf (last accessed April 2022).
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3. Cibinqo (Abrocitinib) Summary of Product Characteristics. Available at: https://www.ema.europa.eu/en/documents/summary-product-information/cibinqo-epar-product-information_en.pdf (last accessed April 2022).
4. RINVOO (Upadacitinib) Summary of Product Characteristics. Available at: https://www.ema.europa.eu/en/documents/summary-product-information/rinvoe-epar-product-information_en.pdf (last accessed April 2022).

Comparison of Efficacy of Targeted Therapies without Topical Corticosteroids for Moderate to Severe Atopic Dermatitis: Systematic Review and Network Meta-analysis (2022)



Silverberg A, et al. Dermatol Ther (Heidelb). 2022.



Comparison of serious adverse event incidence rates btw Oral JAK inhibitors & traditional systemic treatment

| Drug | Malignancy (excluding NMSC) | NMSC | MACE | VTE | Reference |
|----------------------------------|-----------------------------|------------------|------------------|-------------------|------------------------------------|
| Upadacitinib (15mg) ^a | 0.2 | 0.4 | 0.1 | 0.1 | Simpson, E.L., et al ¹⁸ |
| Upadacitinib (30mg) ^a | 0.5 | 0.4 | 0.0 | 0.1 | Simpson, E.L., et al ¹⁸ |
| Abrocitinib (100mg) ^a | 0.2 | 0.6 | 0.6 | 0.0 | Simpson, E.L., et al ¹⁸ |
| Abrocitinib (200mg) ^a | 0.2 | 0.4 | 0.2 | 0.4 | Simpson, E.L., et al ¹⁸ |
| Methotrexate | 0.5 | 0.3 | 0.5 | 0.5 | Cohen, S.B., et al ¹⁷ |
| Cyclosporine | 0.6 ^b | 0.5 ^b | — | DNF | Paul, C.F., et al ¹⁹ |
| | — | — | 2.8 ^b | — | Hong, J.R., et al ¹⁹ |
| Systemic Corticosteroids | 4.3 | 3.9 | — | — | Khan, N., et al ²⁰ |
| | — | — | 7.6 ^b | — | Wei, L., et al ²¹ |
| | — | — | — | 0.02 ^a | Huerta, C., et al ²² |

JAK inhibitors and cardiovascular events

| Table 1 Compiled long-term safety data of Janus kinase inhibitors | | | | | | | |
|---|----------------------------|--|--------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|
| | Oral Surveillance study | | | Six pooled studies | | AD-UP 52-week extension | |
| | Tofacitinib 5 mg BID | Tofacitinib 10 mg BID ^a | TNFi | Abrocitinib 100 mg daily | Abrocitinib 200 mg daily | Upadacitinib 15 mg daily | Upadacitinib 30 mg daily |
| Patients (total no.) | 1455 | 1456 | 1451 | 885 | 1971 | 443 | 436 |
| Average age, years | 61 | 61 | 61 | 33 | 29 | 33 | 36 |
| Person-year totals | 5166 | 4872 | 10,038 | 500 | 1114 | 512 | 533 |
| Number of adverse cardiovascular events | 47 | 51 | 37 | 3 | 7 | 2 | 1 |
| Adverse cardiovascular event/100 person-years | 0.91 | 1.05 | 0.73 | 0.60 | 0.63 | 0.4 | 0.2 |

Elmairah SB, Smith JS, Merola JF. JAK in the [Black] Box: A Dermatology Perspective on Systemic JAK Inhibitor Safety. Am J Clin Dermatol. 2022 Jul;23(4):427-431. doi: 10.1007/s40257-022-00701-3. Epub 2022 Jun 9. PMID: 35679017

Long-term safety profile of Upadacitinib across indications: Overall safety (up to 5.5 yrs)

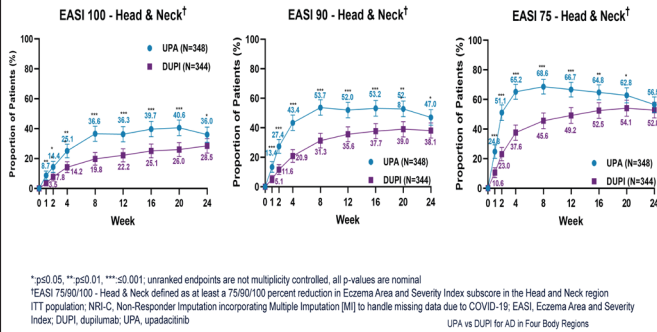
| Parameter | RA | PsA | AS | AD |
|--|----------------------|----------------------|----------------------|----------------------|
| Exposure | UPA 15 mg QD N=3209 | ADA 40 mg EDW N=579 | MTX N=314 | UPA 15 mg QD N=907 |
| Total (PY) | 9079.1 | 13077 | 781.7 | 1872.3 |
| Median (minimum, maximum) (years) ^{a,b} | 3.46 (0.545) | 2.23 (0.04, 5.44) | 2.57 (0.02, 5.15) | 2.25 (0.04, 5.22) |
| Overall TEAEs, E/100 PYs (95% CI) | 205.5 (202.5, 208.5) | 203.6 (196.0, 211.5) | 206.9 (196.9, 217.2) | 244.8 (237.8, 252.0) |
| Any AE | 205.5 (202.5, 208.5) | 203.6 (196.0, 211.5) | 206.9 (196.9, 217.2) | 244.8 (237.8, 252.0) |
| Any serious AE | 12.4 (11.7, 13.2) | 13.7 (11.8, 15.8) | 9.6 (7.5, 12.0) | 11.1 (9.7, 12.7) |
| Any AE leading to discontinuation | 4.9 (4.4, 5.3) | 5.9 (4.6, 7.4) | 5.8 (4.2, 7.7) | 5.4 (4.1, 7.3) |
| Deaths ^c /E100 PY (95% CI) | 0.0 (0.0, 0.1) | 0.0 (0.0, 0.1) | 0.0 (0.0, 0.1) | 0.0 (0.0, 0.1) |

Characterization of Acne associated with Upadacitinib

| Table V. Summary of patient-reported outcomes DLQI and PGIT in responders and nonresponders according to EAS75, EAS90, and EAS100 in patients with and without the adverse event of acne ^a | Responder | Non-responder |
|---|----------------|--------------------|
| Mean (SD) | Acne (n = 203) | No acne (n = 1335) |
| Baseline | 16.9 (8.8) | 14.7 (7.0) |
| Week 16 | 6.3 (8.3) | 2.2 (2.2) |
| EAS-75 | 4.3 (3.2) | 1.9 (1.7) |
| Responders | 11.0 (8.1) | 11.9 (7.5) |
| Nonresponders | 3.5 (4.0) | 3.0 (4.1) |
| EAS-90 | 3.5 (4.0) | 1.9 (1.7) |
| Responders | 9.8 (8.1) | 10.4 (7.5) |
| Nonresponders | 1.7 (3.1) | 1.7 (3.1) |
| EAS-100 | 1.7 (3.1) | 1.7 (3.1) |
| Responders | 7.3 (8.4) | 8.1 (7.3) |
| Nonresponders | 1.7 (3.1) | 1.7 (3.1) |

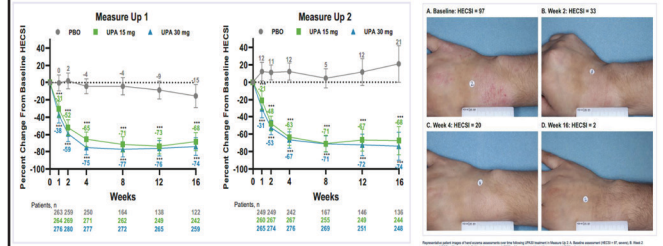
Upadacitinib vs Dupilumab Efficacy for Head and Neck

Proportions of patients achieving:



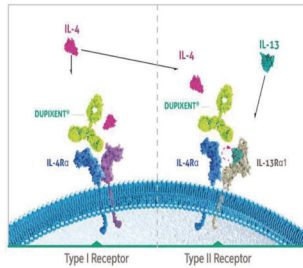
Effect of Upadacitinib on Hand Eczema in Patients With Moderate-to-Severe AD : Results From Two Phase 3 Trials (Measure Up 1 and Measure Up 2)

Figure 2. LS Mean Percent Change in Baseline HECSI (MMRM)



Dupilumab - Mechanism of action

- A fully human monoclonal antibody **targeting the IL-4Ra**
- Blocks IL-4/IL-13-driven type 2 inflammation.



J Am Acad Dermatol 2019;81:143.

Dupilumab 아토피피부염 국내 적응증과 급여 기준 (2024년 2월 현재)

허가사항 (적응증)

- (만 6개월 이상) 국소치료제로 적절한 조절되지 않거나 이들 치료제가 권장되지 않는 중등도에서 중증 아토피피부염

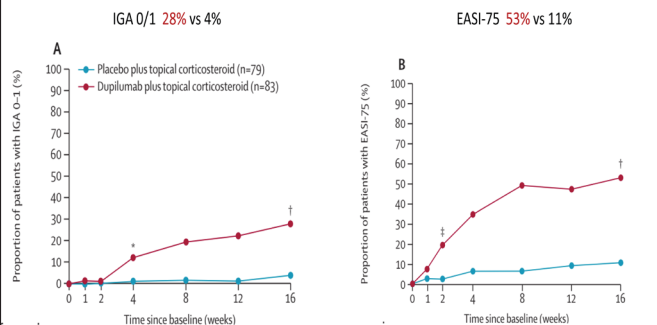
급여기준

- 3년 이상 증상이 지속되는 **EASI 23점** 이상의 만성 중증 성인 및 **만 12-17세 청소년** 아토피피부염 환자로 국소치료제, 전신치료제를 투여하였음에도 적절한 치료되지 않은 경우
- 1년 이상 증상이 지속되며, 1차 국소치료제를 **4주 이상** 투여하였음에도 적절한 치료되지 않은 **EASI 21점 이상**의 만 6-11세 아토피피부염 환자 (소아의 경우 사진 반드시 제출)

| 항목 | 허가사항 (적응증) | 성인과 청소년 급여기준 | 소아 급여기준 |
|-------------|-------------------------------------|--|---|
| 나이 | 만 6개월 이상 | 만 12세 이상 | 만 6세 이상 |
| 중증도 | 중등도에서 중증 아토피피부염 | EASI 23점 이상의 중증 아토피피부염 | EASI 21점 이상의 중증 아토피피부염 |
| 치료력 (국소치료제) | 국소치료제로 적절한 조절되지 않거나 이들 치료제가 권장되지 않는 | 중등도 이상의 TCS 혹은 TCI 4주 이상 사용하였음에도 적절한 치료되지 않음* | 중등도 이상의 TCS 혹은 TCI 4주 이상 사용하였음에도 적절한 치료되지 않음* |
| 치료력 (전신치료제) | 해당 사항 없음 | 전신 면역억제제 (Cyclosporin 혹은 MTX)를 3개월 이상 투여하였음에도 반응이 없거나 (EASI-50 미달성 등) 이 없거나 부작용 등으로 사용할 수 없는 경우* | 해당 사항 없음 |

* 듀피펜트 투약개시일 6개월 이내에 국소치료제 및 전신 면역억제제 투여여력이 확인되어야 함

Dupilumab in children aged 6 Mo - 5 Yrs: Efficacy

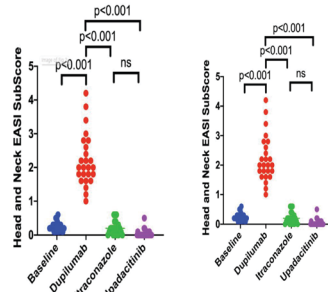


Dupilumab in children aged 6 Mo - 5 Yrs: Safety

| | Dupilumab plus topical corticosteroid (n=83) | Placebo plus topical corticosteroid (n=79)* |
|--|--|---|
| Overview | | |
| Patients with ≥1 treatment-emergent adverse event | 53 (64%) | 58 (74%) |
| Patients with treatment-emergent adverse events leading to treatment discontinuation | 1 (1%)† | 1 (1%)‡ |
| Patients with ≥1 serious treatment-emergent adverse event | 0 | 4 (5%)§ |
| Deaths | 0 | 0 |
| Patients with ≥1 severe treatment-emergent adverse event | 2 (2%) | 10 (13%) |
| Patients with ≥1 treatment-emergent adverse event deemed related to study drug | 9 (11%) | 5 (6%) |
| Patients with treatment-emergent adverse event of special interest | 1 (1%)¶ | 0 |
| Narrow conjunctivitis | 4 (5%) | 0 |
| Allergic conjunctivitis | 1 (1%) | 0 |
| Conjunctivitis | 3 (4%) | 0 |
| Skin infections excluding herpes viral infections* | 10 (12%) | 19 (24%) |
| Herpes viral infections†† | 5 (6%) | 4 (5%) |
| Injection-site reactions†† | 2 (2%) | 2 (3%) |

Lancet 2022 Sep 17;400(10356):908-919.

Dupilumab-associated head and neck dermatitis resolves temporarily with itraconazole therapy and rapidly with transition to upadacitinib, with *Malassezia*-specific immunoglobulin E levels mirroring clinical response



J Am Acad Dermatol. 2023 Jan;88(1):255-257.

Dupilumab and conjunctivitis risk factors

- Older AD patients with more advance disease
- Longer period of AD
- Have other atopic comorbidities
- Prior history of allergic conjunctivitis

Dupilumab and conjunctivitis

- Dupilumab 투여 중 발생한 Ocular Surface Disease in Adults (캐나다 연구)
 - 210명의 dupilumab 투여 환자 중 37% (n=78)에서 Dupilumab-induced ocular surface disease (DIOSD) 발생
 - Corneal scarring and cicatricial ectropion 1% (n=3)
 - Blepharoconjunctivitis 68%
 - Burning/stinging/dryness 14%
 - Epiphora 13%
 - Pruritus 13%
 - Blurred vision 3%
 - Photophobia 1%

Cornea 2022;41 (10): 1242-1247.

Dupilumab and cicatricial ectropion

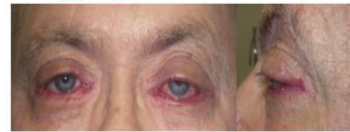


Fig. 1. External photos showing bilateral conjunctival hyperemia, upper eyelid edema, and cicatricial ectropion (left greater than right). Additionally, there is left-sided blepharoptosis.

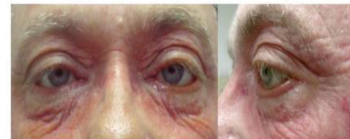


Fig. 2. External photos showing bilateral resolution of conjunctivitis, eczematous reaction of lower eyelids and cheeks, and persistent cicatricial ectropion (left greater than right) following discontinuation of dupilumab and prednisone taper.

Am J Ophthalmol Case Rep. 2017 Jun 22;7:120-122

Dupilumab 그 밖의 적응증

- 만 18세 이상 성인에서 국소치료제로 적절히 조절되지 않거나 이들 치료제가 권장되지 않는 중등도에서 중증 결절성 양진 (2023년 12월)
- 1세 이상 호산구성 식도염 (FDA 2024년 1월)
- 6세 이상 기존 치료로 호전되지 않는 중등도에서 중증 천식
- 18세 이상 비용종을 동반한 중증 만성비부비동염

Dupilumab, 결절성 양진 3상 임상시험 결과

nature medicine

Dupilumab in patients with prurigo nodularis: two randomized, double-blind, placebo-controlled phase 3 trials

Prurigo nodularis (PN) is a chronic inflammatory skin disease with intensely pruritic nodules. The LIBERTY-PN PRIME and PRIME2 phase 3 trials enrolled adults with PN with ≥ 20 nodules and severe itch uncontrolled with topical therapies. Dupilumab, a fully human monoclonal antibody, blocks the shared receptor component for interleukin (IL)-4 and IL-13. Patients were randomized 1:1 to 300 mg dupilumab or placebo subcutaneously every 2 weeks for 24 weeks. The primary endpoint was pruritus improvement, measured by proportion of patients with a ≥ 4 -point reduction in Worst Itch Numeric Rating Scale (Wl-NRS) from baseline at week 24 (PRIME) or week 12 (PRIME2). Key secondary endpoints included nodule number reduction to ≤ 5 at week 24. PRIME and PRIME2 enrolled 151 and 160 patients, respectively. Both trials met all the pre-specified primary and key secondary endpoints. A ≥ 4 -point Wl-NRS reduction at week 24 in the dupilumab and placebo arms was achieved by 60.0% and 18.4% of patients, respectively, in PRIME (95% confidence interval (CI), 27.8–57.7 for the difference, $P < 0.001$) and at week 12 by 37.2% and 22.0% of patients, respectively, in PRIME2 (95% CI, 2.3–31.2; $P = 0.022$). Dupilumab demonstrated clinically meaningful and statistically significant improvements in itch and skin lesions versus placebo in PN. Safety was consistent with the known dupilumab safety profile.

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Dupilumab, 결절성 양진 3상 임상시험 결과

Table 2 | Efficacy outcomes

| Efficacy endpoints | PRIME | | | | PRIME2 | | | |
|--|-----------------|--|---|--|-----------------|---|---|--|
| | Placebo n=76 | Dupilumab 300mg every 2 weeks n=75 | Difference versus placebo, % (95% CI) | P value versus placebo (place in the testing hierarchy) | Placebo n=82 | Dupilumab 300 mg every 2 weeks n=78 | Difference versus placebo, % (95% CI) | P value versus placebo (place in the testing hierarchy) |
| Primary and key secondary outcomes | | | | | | | | |
| WI-NRS improvement (reduction) by ≥4 from baseline to week 24*, n (%) | 14 (18.4) | 45 (60.0) | 42.7 (27.8 to 57.7) | <0.001 (1) | 16 (19.5) | 45 (57.7) | 42.6 (29.1 to 56.1) | <0.001 (2) |
| WI-NRS improvement (reduction) by ≥4 from baseline to week 12*, n (%) | 12 (15.8) | 33 (44.0) | 29.2 (14.5 to 43.8) | <0.001 (not multiplicity- controlled) | 18 (22.0) | 29 (37.2) | 16.8 (2.3 to 31.2) | 0.022 (1) |
| IKA PH-S score of 0 or 1 (‘clear’ or ‘almost clear’) at week 24*, n (%) | 14 (18.4) | 36 (48.0) | 28.3 (13.4 to 43.2) | <0.001 (2) | 13 (15.9) | 35 (44.9) | 30.8 (16.4 to 45.2) | <0.001 (3) |
| Concomitant WI-NRS improvement (reduction) by ≥4 points from baseline and IKA PH-S score of 0 or 1 at week 24*, n (%) | 7 (9.2) | 29 (38.7) | 29.6 (16.4 to 42.8) | <0.001 (3) | 7 (8.5) | 25 (32.1) | 25.5 (13.1 to 37.9) | <0.001 (4) |

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